



## St George's Roman Catholic Primary School

### PSHE Policy

A policy for Personal, Social, Health and Economic Education

We are inspired by the teachings of Jesus Christ who is at the heart of all that we do. Working in unity with our families, parish and community, we encourage and support the children to grow in faith and reach their full potential in a happy, caring and loving environment.

As a Roman Catholic School we aim to show and teach children that human dignity can be protected and a healthy community can be achieved only if human rights are protected and responsibilities are met.

#### Context

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and

- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

On March 1st 2017, the Right Honourable Justine Greening, Secretary of State for Education, announced that it was her intention to make Relationships Education statutory in Primary schools from September 2020 and that content guidance will be published prior to that. The Children and Social Work Act 2017 placed a duty on the Secretary of State for Education to make the new subjects of Relationships Education at primary and Relationships and Sex Education (RSE) at secondary compulsory through regulations. The Act also provides a power for the Secretary of State to make Personal, Social, Health and Economic Education (PSHE), or elements of the subject, mandatory in all schools. The department engaged with a wide range of interested organisations and conducted a call for evidence on the content of the subjects, and the status of PSHE. This Policy is to be read alongside our RSE Policy.

#### Policy Statement

PSHE (Personal, Social, Health and Economic Education) is central to the educational entitlement of all children at St George's and as a cross-curricular dimension, permeates all aspects of life in school. PSHE is a programme of learning where the children acquire the knowledge, understanding and skills they need to keep themselves healthy and safe. PSHE provides the children with the building blocks in order for them to develop healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This sits

alongside the essential understanding of how to be healthy. As part of our whole school approach, PSHE develops the qualities and attributes that children need to manage opportunities, challenges and responsibilities as they grow up, enabling them to thrive as individuals, family members and members of society.

### Aims

At St George's Roman Catholic Primary School, we aim:

- ★ To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community.
- ★ To encourage all pupils to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities, and in doing so that they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.
- ★ To enable them to reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.
- ★ To learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.
- ★ To have an understanding and to experience Catholic Social Teaching and its main 7 strands:  
Dignity Solidarity / The Common Good / The option for the Poor / Care for Creation /  
The dignity of work and participation

### Objectives:

PSHE will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

### Balanced Curriculum

Whilst promoting Catholic values and virtues and teaching in accordance with Church teaching, we will ensure that pupils are offered a balanced programme by ensuring that pupils receive clear information as well as covering the law.

### Equality

We will ensure equality by ensuring PSHE is sensitive to the different needs of individual pupils and is taught in a way that does not subject pupils to discrimination. Lessons will also help children to realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber-bullying), use of prejudice-based language and how to respond and ask for help.

### Roles and Responsibilities

#### Governors

Draw up the RSE policy, in consultation with parents and teachers;  
Ensure that the policy is available to parents;  
Ensure that the policy is in accordance with other whole school policies, e.g., SEN, the ethos of the school and our Christian beliefs;  
Ensure that parents know of their right to withdraw their children;  
Ensure that the policy provides proper and adequate coverage of relevant National Curriculum topics.

#### Headteacher

The Head teacher takes overall delegated responsibility for the implementation of this policy and for liaison with the Governing Body, parents, the Diocesan Schools' Service and the Local Education Authority, also appropriate agencies.

#### PSHE /RSE Co-ordinator

The co-ordinator with the headteacher has a general responsibility for supporting other members of staff in the implementation of this policy and will provide a lead in the dissemination of the information relating to PSHE and the provision of in-service training. They are supported by the head teacher and the member of staff with responsibility for child protection.

### All Staff

PSHE is a whole school issue. All teachers have a responsibility of care; as well as fostering academic progress they should actively contribute to the guardianship and guidance of the physical, moral and spiritual well-being of their pupils. Teachers will be expected to teach PSHE in accordance with the Catholic Ethos of the school. Appropriate training will be made available for all staff teaching PSHE. All staff have been included in the development of this policy and all staff should be aware of the policy and how it relates to them.

### Parents

Recognising that parents are the primary educators of their children the school will seek to support them in this task. Parents are able to view the resources used by the school for PSHE.

### Provision / Programme

#### Programme

The school uses the 10:10 Life to the Full accredited Catholic RSE programme which is shared with parents. This encompasses the majority of PSHE teaching and covers three core learning themes: Health and Wellbeing, Relationships and Living in the Wider World. PSHE is also taught through other subjects, mainly RE, Science and PE but also in other areas of the curriculum.

#### Teaching strategies will include

- whole school assemblies incorporating Catholic Social Teaching
- class led liturgies and celebrations
- faith in action
- discussion
- project learning
- reflection
- experiential
- active
- brainstorming
- film & video
- group work
- role-play

#### Other examples of planned opportunities

- Monday Gospel Assembly incorporating Catholic Social Teaching
- Charitable fundraising events
- Buddy systems e.g. Fluttery Friends playground support, reading buddies
- Wednesday Liturgies – based on British Values and Statements to Live By

### External Visitors and Trips

National Healthy Schools criteria 1.7 requires schools 'to involve professionals from appropriate external agencies to create specialist team to support the delivery and improve skills and knowledge...'

Ours schools will often call upon help and guidance from outside agencies and health specialists to deliver aspects of health promotion, in particular PSHE within school. Benefits of external visitors to RSE

- Bring a new perspective to a subject
- Offer specialised knowledge, experience and resources
- Make the topic less embarrassing because the visitor is a 'safe stranger'
- Form a friendly link to the community and make local services more accessible
- Add variety to the curriculum
- Add diversity to the curriculum
- Give support to teachers

### Examples of external visitors/trips

- KS1 Fire Service – fire safety visit
- School Nurse – sun safety visit
- Y5/6 Cycling Proficiency
- Y3 Pedestrian Training
- Y6 Crucial Crew annual event
- Bart Gee ~ disability awareness campaigner

### Specific Issues

Inclusion and differentiated learning (cross-reference to school's policy)

### Ethnic and Cultural Groups

We intend our policy to be sensitive to the needs of different ethnic groups. We will respond to parental requests and concerns.

### Pupils with Special Needs

We will ensure that all pupils receive PSHE education, and we will offer provision appropriate to the particular needs of all our pupils, taking specialist advice where necessary.

### Relationship to other policies / initiatives

This PSHE policy is to be delivered as part of the RSE framework and thus contribute to the school's National Healthy School Standard. It includes guidelines about pupil safety and is cross-referenced to the Child Protection/ Safeguarding policy. Pupils with particular difficulties whether of a physical or intellectual nature will receive appropriately differentiated support in order to enable them to achieve mature knowledge, understanding and skills. Teaching methods will be adapted to meet the varying needs of this group of pupils.

## PSHE Policy

### Implementation and Review of Policy

Implementation of the policy will take place after consultation with the Governors in the Spring term 2023. This policy will be reviewed every 2 years by the Head teacher, PSHE Co-ordinator, the Governing Body and Staff.