

Relationships and sex education (RSE) and health education

Relationships and sex education (RSE) and health education	
Intent	<p>At St. George's RC Primary School, we want every child to be happy and confident learners in Relationships, Sex and Health education. We want them to be eager to achieve their very best in order to fulfil their God-given talents. We firmly believe that the recipe for success is high quality first-wave teaching in RSE, which is central to the life of our happy, caring school.</p> <p>We always promote pupils' wellbeing through an understanding of their own and others' emotions and the development of healthy coping strategies. Our RSE curriculum underpins this. It also contributes to safeguarding, providing pupils with knowledge, understanding and strategies to keep themselves healthy and safe, as well as equipping them to support others who are facing challenges.</p>
Implementation	<p>All classes follow the 'Life to the Full' programme of study from ten:ten resources. Lessons are taught with a spiral approach to learning in which pupils will revisit the same topics at an age-appropriate stage through their school life. The programme includes teaching about personal health, physical and emotional well-being, strong emotions, private parts of the body, personal relationships, family structures, trusted adults, growing bodies, puberty, periods, life cycles, the dangers of social media, where babies come from, an understanding of the Common Good and living in the wider world.</p> <p>The entire teaching is underpinned with a Christian faith understanding that our deepest identity is as a child of God – created, chosen and loved by God. The programme is fully inclusive of all pupils and their families.</p> <p>Lessons are taught discretely, however, many topics are also re-visited through RE, science and liturgies.</p> <p><u>Enrichment Activities</u> Whole school events Visitors to school Workshops School initiatives</p>

Impact

Children are happy learners in RSE. They experience and enjoy a wide range of learning challenges within the subject and respond positively to them.

Whole school projects, visits and workshops have enriched the lives of the children and has allowed them to extend their knowledge and understanding of Relationships, Sex and Health in the world. The children are able to discuss how their experiences have positively impacted their knowledge and understanding of this subject.