



St George's R.C Primary School Newsletter

October 2018

Headteacher: Mrs Dee Statham



October is the month of the Holy Rosary. Pope Francis calls the Rosary 'The Prayer of the Heart.' We shall be saying a decade of the Rosary every day at 10:45. Please say a decade with us wherever you happen to be at that time.

We shall also be making Rosaries with the children, creating a special Rosary pilgrimage and praying outside and in 'pop up' prayer spaces throughout October.



Punctuality

Please remember that **SCHOOL STARTS** at 8:50! We expect children to be on the line when the bell goes and then go into their classrooms promptly.

Every class begins at 8:50 with **SMART START**. If your child is late, they miss smart start, the dinner choice register, morning class news and then they often have to go into the school hall for assembly when everyone is already in there!

If you are having problems getting to school in the mornings please let us know so that we can work together.

We look forward to seeing everyone at our Autumn parents' evening on Wednesday 17th October. We have this meeting early on in the year so you can see how well your child has settled in ~ and to make sure we continue to work together to ensure that your child reaches their full potential. We appreciate that you know your child better than anyone so working together will ensure we are all doing the best job we can.

Don't forget to follow us and keep up to date!



St George's Roman Catholic Primary School York

@StGeorgesRCSch



St George's RC Primary School ~ Christ at The Centre

Letters and sign up sheets have already been sent out with your child. Times are from 3:15 - 19:00.

First Holy Communion



St George's RC Church

First Holy Communion News

First Holy Communion



First Holy Communion Group: The first meeting will take place on Wednesday 17th October at 18.30, and the First Holy Communion celebrations will take place on 9 June 2019. To qualify for the programme, your child should be in Y4 or above, they should live within the parish boundaries, attend St. George's Primary School or regularly worship in St George's Parish. Both a parent and the child will be expected to attend every session and also be a regular at Sunday Mass. If interested, please let Canon Alan know asap so he has an idea of how many books to order. Thank you.

BEDTIME

HOW MUCH SLEEP SHOULD YOUR CHILD BE GETTING?

NEWBORN

1-12 MONTHS

3-6 YEARS

7-12 YEARS

12-18 YEARS



15-18
Hours



12-14
Hours



10-12
Hours



9-11
Hours



8-9
Hours

We have been asked by the Department of Health to remind everyone about the vital importance of SLEEP!!! Extremely sound advice states that: "All ELECTRONIC devices should be removed from bedrooms. Children should NOT have anything electronic in their bedrooms (including TVs) and they should not play on any devices for at least 2 hours before bed. Poor behaviour at school has a direct and clear link to a lack of the correct amount of sleep the night before."

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